

Sunday, May 1, 2016
at Providence Farm

Sign-in 10am

Hike 11 am

Register: cowichanvalleyhospice.org

If you are a member of a team

TEAM: _____

TEAM CAPTAIN: _____



Hiker Name: _____ Email _____ Phone _____
Address _____ City _____ Postal _____

Sponsor Name	Phone	Mailing Address	City	PC	Email	Amount	Paid by	
GO TO cowichanvalleyhospice.org TO SET UP YOUR ONLINE FUNDRAISING PAGE						Total (of this sheet)	\$	

All pledges must be handed in at the Hike to be eligible for incentive prizes. Online donation totals will be included in the incentive prize calculations. Receipts will be issued for pledges \$20.00 and up (BN# 118878388RR0001).

ABOUT THE HIKE

Enjoy a beautiful 2 km or 4 km walk on the gently rolling trails at Providence Farm (not up Mt. Tzouhalem!) or take a meditative stroll through the Labyrinth.

Feast on a complimentary BBQ lunch donated by the Malahat Lions.

Collect pledges on your own or as part of a team and support Cowichan families going through a difficult time.



Back by popular demand: Face painting, Spirit Drummers

Sunday May 1, 2016

Providence Farm

1843 Tzouhalem Road, Duncan

- Sign in at 10 am
- Walk starts at 11 am
- BBQ starts at 11:30 am

Don't miss the labyrinth, face-painting and spring sights at Providence Farm

All funds raised remain in Cowichan

PRIZES

For pledges collected by individual hikers

\$150: Stainless steel water bottle

\$300: 2 **Reel Alternatives** tickets & water bottle

\$500 Lunch for two at **Merridale Cidery** & water bottle

\$800: 2 **Reel Alternatives** fall film series vouchers (5 films for two people) & water bottle

\$1200 or more: Dinner for two at **The Masthead** & water bottle

Top Team (total raised by team members):

Take your whole team for a locally crafted brew and appetizers at the **Craig Street Brew Pub** and then catch a Reel Alternatives film together.

(Some alternative prizes are available for youth & families.)

To increase the impact of your fundraising, you may choose to decline your prize.

Visit

www.cowichanvalleyhospice.org

to register for the Hike

3122 Gibbins Road 250-701-4242
Duncan BC V9L 1G2 1-888-701-4242
cowichanvalleyhospice.org
BN # 118878388RR0001



Walk, Run...Hike for Hospice

**at Providence Farm
Sunday, May 1, 2016**

A 2km or 4km Fundraising Walk to
Raise Awareness and Funds for
Hospice Palliative Care in Cowichan

REGISTER NOW

Online at

www.cowichanvalleyhospice.org

or call

250-701-4242



cowichan
hospice